



## Instructions for the 10 Gauss Magnet

Use the magnet as described in the book "The Prevention of all Cancers" by Dr. Hulda Clark.

Tape the 10 Gauss magnet to the kidney during the day; take off at night. You must take selenium when using the magnet, minimum 1-2 capsules per day. The mark on the magnet determines the **North Pole**. The polarity must be determined first (compass), to make sure that the correct side is used! The side of the magnet attracting the needle pointing north, is the north pole according to Dr. Clark's definition.

Keep the magnet **away** from magnetic objects, or sensible objects such as computer disks, credit cards, other magnets or electronic devices.

For more information read the book "The Prevention of all Cancers", by Dr. Hulda R. Clark or visit us at [www.drclark.com](http://www.drclark.com).

